POTENT PRAYERS
1. The Voice of Isis
2. The Message of Aquaria
3. The Inner Radiance
4. Realms of the Living Dead
5. Coming World Changes
6. The Key to the Universe
7. The Key of Destiny
8. Letters from the Teacher Volume I
9. Letters from the Teacher Volume II
10. The Truth about Evolution and the Bible
11. The Philosophy of War
12. Personal Survival
13. The Pattern Life
14. Four-Fold Health
15. Vitamins
16. Why Are We Here?
17. Reincarnation
18. For Young Souls
19. Gems of Mysticism
20. The Temple of Silence
21. The Divine Mother
22. The Soundless Sound
23. The Mystic Life
24. The Love of Rabiaccia
25. Potent Prayers

Supporting Volumes

26. The Seventh Seal
27. Towards the Light
“Ministers of Christ and Stewards of the Mysteries of God.”

1 Corinthians 4 vs. 1

COPYRIGHT 2012

BY
MOUNT LINDEN PUBLISHING

First Published in 1934

May be used for non-commercial, personal, research and educational use.

ALL RIGHTS RESERVED
PREFACE

For many years we have had repeated requests for a little manual containing all the prayers given to the Universal Religious Fellowship, Inc. from time to time by the Teacher, and issued in such convenient size that it can be carried in the pocket or handbag for daily use.

Believing that it contains prayers suitable for almost all occasions and for almost every need, we take pleasure in presenting this little booklet in the confident hope that it will encourage the development of the devotional or heart-side of the student’s unfoldment in consciousness and realization by making the prayers more accessible at all times.

This booklet is sent out with the blessing of the Hierarchy whence the prayers were received. And we trust that by its use the students will be able to tune in their consciousness to that great reservoir of light, life, and love and thereby be able to respond to the downpouring return currents which such sincere aspirations invoke.

Fraternally yours,

In His Service,

F. Homer Curtiss, M.D.

“Prayer should be understood, not as a mere mechanical recitation of formulas, but as a mystical evaluation, an absorption of consciousness in the contemplation of a principle both permeating and transcending our world. It is incomprehensible to philosophers and scientists, and inaccessible to them. But the simple seem to feel God as easily as the heat of the sun or the kindness of a friend.”

*Man, the Unknown*, Carrel, 147
INTRODUCTION

The object of all religions is worship of the Divine. And the primary object of all worship is personal contact with and realization of the Divine. But as there is a method or mechanism by which the whole manifested universe comes into physical expression, so is there a method or mechanism by which conscious contact is made between the human personality and those higher expressions of God toward which the heart aspires.

While there are many avenues by which such contact is made, ranging from contemplation, meditation, and silent aspiration to the sudden despairing cry for help and protection in times of crisis, nevertheless, the avenue most readily available to the average consciousness is prayer. This does not mean that one must necessarily repeat certain stipulated words as set forth by another, for each heart can usually formulate its own words to express its own desires and needs. But as words both symbolize and embody definite ideas, when properly used, words can be used to produce specific effects.

The prayers contained herein are not the intellectual compositions of the Authors, but were given to them already formulated direct from the higher realms. They, therefore, constitute definite mantrams which express definite ideas and engender definite vibrations whose use is designed to tune the consciousness of the user in to the wave-length of definite states of consciousness and to certain Hierarchies of Beings in the higher worlds. Their conscious response will do all that is possible to accomplish the desired results, depending upon the degree of its reception and correlation.

As we have said elsewhere: “The repetition of such prayers is like a projectile fired through the Earth’s atmosphere,
creating a passage through which the One Life must neces-
sarily flow."

While for certain higher spiritual contacts, it is best to
“enter into thy closet, and when thou hast shut thy door, pray
to thy Father which is in secret,” nevertheless, most of these
prayers can be used at almost any time and in almost any
place—while walking, riding in cars, etc.,—wherever your
powers of concentration are sufficient to enable you to repeat
them to yourself with at least some degree of realization of
their meaning, and then to meditate upon them.

Since this is but a compilation of the prayers themselves,
for a full explanation the student is referred to the context
from which they were taken, as indicated beneath each
prayer.

Since this collection includes prayers suitable to almost
every need and almost every mood, we trust that it will prove
of such practical help that its treasures will be used in an
ever-increasing degree until many of the prayers are memo-
rized and so are instantly available at every time of need.

Praying that this little volume will be the means of stimu-
lating many to make more regular use of the prayers and thus
experience the manifold blessings and joys, protection and
comfort of the forces they invoke, we send this booklet forth
with our blessing and also that of its Source.

“Man offers himself to God. He stands before Him like the
canvas before the painter or the marble before the sculptor.
At the same time, he asks for His grace, exposes his needs
and those of his brothers in suffering. . . . The modest, the
ignorant, the poor are more capable of this, self-denial than
the rich and the intellectual. When it possesses such charac-
teristics, prayer may set in motion a strange phenomenon,
the miracle.”

*Man, the Unknown*, Carrel, 148
POTENT PRAYERS

THE LORD’S PRAYER

Our Father which art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread.
And forgive us our debts
As we forgive our debtors.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom, and the power,
And the glory, forever. Amen.

PRAYER FOR LIGHT

O Christ! Light Thou within my heart
The Flame of Divine Love and Wisdom,
That I may dwell forever in the radiance
of Thy countenance
And rest in the Light of Thy smile!
After repeating this prayer, see with the mind’s eye the Divine Light descending upon you like the beam of a gigantic searchlight, pouring down from above upon your head and flooding you with its radiance.

See the beam of Light surrounding you with a circle of brilliant white Light, forming the Ring-Pass-Not, within which no inharmonious or evil thing can penetrate without being consumed by that Divine Fire.

Then see it illumine your mind, expand your consciousness and deepen your understanding of life, love and law, and the experiences of your daily life.

As the Light surrounds you, see it awakening within your heart a tiny, bright Flame.

Watch this Flame spring up and grow until it illuminates every fiber of your being with Divine Love and compassion. Feel the Flame send an actual glow of warmth throughout your physical body to the tips of your fingers and toes, purifying, spiritualizing and transmuting the very atoms of your flesh with its spiritual radio-activity.

Then see it ascend and blend into and make you one with the Divine Flame that is pouring down upon you from above.

Then ascend in consciousness within the column of this Divine Light to the realms of Divine Consciousness where you lose yourself in oneness with the Divine.

*The Temple of Silence, 50, 51*


**Sunrise Prayer**

As the physical Sun ascends in the East,  
May we face the mystical East,  
That the rays of the Spiritual Sun  
May warm our hearts and illumine our minds,  
And bring forth the seeds of immortal life  
And their perfect expression through us.  
Amen.

*Harriette Augusta Curtiss*

**Morning Prayer**

I have within me the power of the Christ!  
I can conquer all that comes to me today!  
I am strong enough to bear every trial  
And accept every joy,  
And to say  
Thy will be done.

*The Voice of Isis*

**Sunset Prayer**

As the physical Sun  
Disappears from our sight,
May the Spiritual Sun
Arise in our hearts,
Illumine our minds,
And shed its radiant blessing
Upon all we contact.

_The Truth about Evolution and the Bible, 188_

**Evening Prayer**

O Divine and loving Father, as we rest
Through the darkness upon Thy breast,
Help us to draw close to Thee in love,
And to realize the almighty power of Thy
Divine Son
Filling and comforting us.
For, as the earth and air
Retain the magnetic and life-giving forces of the Sun,
To bring forth for the new day
As it withdraws each night,
So may we retain in our Souls
Through the darkness,
The light and warmth of Thy shining,
Knowing that as the Sun rises for the new day,
We, too, shall rise stronger, truer, sweeter
And more beautiful,
Because we have rested in Thy love
In abiding faith and trust.

*Realms of the Living Dead*, 279

**Midnight Prayer**

O Divine Mother!
I feel Thy Love enfolding me and surging through me
As it breathes and pulsates throughout the Universe.
Let the Waters of Life cleanse and purify me.
Bring forth in me the fullness of thy Son, the Christ.
As my consciousness is released in sleep,
Open for me the door of Divine Consciousness,
And bear me in Thine arms into the Presence of the Most High,
That the Wisdom of Life may be expounded unto me.
Beloved Mother!
I surrender to Thee my thoughts, my desires, my will,
And rest in peace upon Thy bosom.

*The Divine Mother*, 28
This prayer is especially to be used at night when the forces of the sun have been withdrawn and the astral forces are sweeping closest and having the greatest power on earth, or whenever we are wakeful, restless and apprehensive.

**PRAYER TO THE DIVINE INDWELLER**¹

Come, O Lord of Life and Love and Beauty!
Thou who art myself and yet art God!
And dwell in this body of flesh,
Radiating all the beauty of holiness and perfection,
That the flesh may out-picture all that
Thou art within!
Even so, come, O Lord. Amen.

_The Message of Aquaria, 479_

¹ For another wording see page 40.
PRAYER TO THE DIVINE MOTHER

O Divine Mother!
Illumine me with Divine Wisdom,
Vivify me with Divine Life
And purify me with Divine Love,
That in all I think and say and do
I may be more and more Thy Child.
Amen.

The Divine Mother, 51

FOR REALIZATION

Continually proclaim the reality of the indwelling Christ. Make a practice of listening for His voice and asking for His guidance in every problem and condition that confronts you.

Declare that this is the great work, the great privilege, the great opportunity given unto you to manifest the Christ within you and within your life.

Declare that: “I will try to do my best,” knowing that nothing is ever given to God’s children to do that the strength to accomplish it is not given with it.

Lesson, The Crucifixion
HEALING PRAYER

O thou loving and helpful Master Jesus!
Thou who gavest to Thy disciples power
to heal the sick!
We, recognizing Thee, and realizing Thy
divine Presence with us,
Ask Thee to lay Thy hands (powers)
upon us in healing Love.
Cleanse US from all OUR sins, and by
the divine power of
Omnipotent Life,
Drive out the atoms of inharmony and
disease,
And fill our bodies full to overflowing
With Life and Love and Purity.

*The Voice of Isis, 341-5*

SAY AFTER HEALING PRAYER

I am not this body.
I am a free Soul, and I will dwell with my
Christ
In the eternal joy of the higher life.

*Letters from the Teacher, Vol. II, 192*
HOW TO USE THE HEALING PRAYER

In the practical use of this prayer, after repeating it, mention the names or initials of those whom you desire to have helped, and visualize their faces as clearly as possible. See the Divine Christ-light streaming down upon and penetrating into their whole bodies as though from a powerful searchlight from above. Or you may visualize them as stepping into the great pool of Divine Light which has resulted from your invocation, and see them submerged in and filled with it. It is important not to set up your human judgment or will as to what the result shall be. Therefore, do not demand health or any other specific result. Allow the Christ-light to take its own course and bring about the results that are best for the Soul’s unfoldment and advance. In other words, leave the result to the Christ and the Divine Law, your attitude being, “Not my will, but Thine be done.”

The Voice of Isis, 345
**Prayer of Protection**

O Christ! Surround and fill us with the
Flame of Divine Love and Wisdom,
That it may purify, illumine and guide us
in all things.
May its Spiritual Fire form a rampart of
Living Flame around us
To protect us from all harm.
May it radiate to every heart, consuming
all evil
And intensifying all good.
In the name of the Living Christ!

Amen.

*The Message of Aquaria, 478*

**How to Use the Prayer of Protection**

In using The Protecting Invocation, the pupil must be fully aware that he is touching a tremendous dynamic force. Hence, only as we recognize that the Ring of Fire is the very heart of creative substance which can create, preserve, or destroy with equal force, is it safe to
use it. Remembering this, we must maintain the reverent attitude of mind that is willing to take the consequences, i.e., that we hold a Love so holy that it will create in us a closer, more intimate and sensitive oneness with Divine Fire; that it will preserve in us this sensitiveness and destroy or take from us all that in us may impede our growth in godliness. Therefore, we must repeat this prayer reverently, knowing that carelessness may be disastrous. Never repeat it unthinkingly or carelessly.

*The Message of Aquaria, 155*

**PRAYER OF DEVOTION**

We, Thy chosen servants, to whom Thou hast given the great privilege of becoming co-workers with the Masters of Wisdom, ask that we may have Wisdom, Power, Courage and Humility to carry us through the work of this day.

We open our hearts that the Divine Love of the Master may fill us; that all irritation, inharmony and slothfulness
may be transmuted into Love that shall draw us closer in unity to all our fellow workers, both seen and unseen; that we may grow absolutely one with the force of Wisdom and Compassion that is sent forth to accomplish the great work for humanity.

Give us all things necessary, that there may be no hampering conditions.

Lead us through this day, in the name of the Divine, Ever-living Christ, that the will of the Father may be done in us and through us forevermore. Amen.

*Letters from the Teacher, Vol. I, 231*

**Prayer of Demonstration**

I am a child of the Living God!
I have within me the all-creating Power of the Christ!
It radiates from me and blesses all I contact.
It is my Health, my Strength, my Courage,
My Patience, my Peace, my Poise,
My Power, my Wisdom, my Understanding.
My Joy, my Inspiration, and my Abundant Supply.
Unto this great Power I entrust all my problems,
Knowing they will be solved in Love and Justice.

(Here mention all financial and physical problems pertaining to your outer life, environment and worldly affairs with which you desire guidance and help, that they may work out in the way that shall be best for you. Meditate a moment on each until visualized, then conclude with the words that follow)

O Lord Christ!
I have laid upon Thy altar all my wants and desires.
I know Thy love, Thy wisdom, Thy power and Thy graciousness.
In Thee I peacefully rest, knowing that all is well.
Not my will but Thine be done. Amen.

*The Message of Aquaria, 147*
PRAYER FOR WORLD HARMONY

Glory and honor and worship be unto Thee, O Lord Christ, Thou who art the Life and Light of all mankind!

Thou are the King of Glory to whom all the peoples of the Earth should give joyful allegiance and service.

Inspire mankind with a realization of true Brotherhood. Teach us the wisdom of peace, harmony and co-operation.

Breathe into our hearts the understanding that only as we see ourselves as parts of the one body of humanity, can peace, harmony, success and plenty descend upon us.

Help us to conquer all manifestations of inharmony and evil in ourselves and in the world.

May all persons and classes and nations cease their conflicts, and unselfishly strive for peace and good-will, that the days of tribulation shall be shortened.
Bless us all with the Radiance of Thy Divine Love and Wisdom that we may ever worship Thee in the beauty of holiness.

In the name of the Living Christ we ask it. Amen.
PRAYER FOR THE CHRIST POWER

O Lord Christ!
Thou who hast planted within me
The Immortal Power of spiritual Love
and Force,
Help me so to correlate
With Thy divine, overshadowing
Presence,
That all hampering conditions
Shall be swallowed up in the Light
Of the Living Christ Power. Amen.

Lesson, Realms of Eternal Life

PRAYER FOR CHRIST’S COMING

O Christ, the earth trembles at Thy
approach!
The water and the air and the Heavenly
Lights
Bow down before Thee.
The earth, Thy footstool, on which Thou
treadest,
Gives back its worshipful chant as Thou
cometh.
O Lord Christ!
Open our hearts that we may recognize
Thee.
Open our minds that we may know Thee.
Open our lives that we may follow in Thy footsteps.
We fear nothing that can come to this earth, Thy footstool,
For we are Thy children, born of Thy love,
Fed on Thy blessings, adoring Thy Son.
Amen.

Let all who are striving to make a living sanctuary of their hearts say this prayer daily:

PRAYER — MY CHRIST IS HERE

My Christ is here, a living force in my life.
He is here in my heart now.
He walks with me through the darkest night.
He pours out His boundless love
That I may drink of the living waters,
Until my heart and life become a sanctuary
Wherein He can manifest;
Until my family, my group, my town,
My country and the world,
Shall be a vortex of Divine Love
In which He can descend to earth to
comfort and inspire all mankind.

PRAYER OF THE THREE DOORS

O Lord Christ,
Open the door of my body to perfect health.
O Lord Christ,
Open the door of my mind to perfect understanding.
O Lord Christ,
Open the door of my heart to perfect spiritual realization.

Then say to yourself very positively:
This prayer is answered. I am getting better.
I cannot expect it instantly,
But as the doors of my body, of my mind
And of my heart are opened,
All three of them are co-operating to let in
The vital life-giving Christ-force
Which shall make me well.

Letters from the Teacher, Vol. II, 7-8

GRACE BEFORE MEALS

I am a creator.
By the power of my spiritualized Will,
I consciously gather all the forces from
this food,
And use them to create health, strength
and harmony
In all my bodies (physical, astral and
mental).

TO CONQUER FEAR

I am fearless because my Real Self is
divine
And there is nothing for It to fear.
Divine Love is the law of my being
And I can trust in this Great Law
To conquer all conditions.
With it, I am strong, powerful, forceful.
Manifesting this love, I cannot be
discouraged,

---

1 For an addition to this Grace see p40.
Frightened or turned aside
From the Path of Spiritual Attainment.

TO CHALLENGE PSYCHIC MANIFESTATIONS

In the name of the Living Christ,
I demand to know who you are and what
your mission is!
If you have come for my good,
Take your stand on my right hand.
Reveal yourself and answer truthfully.
Or in the name of the Living Christ,
begone!

Realms of the Living Dead, 227

PRAYER FOR COMING CONDITIONS

O Christ!
May the coming conditions
Awaken in the hearts of humanity
A realization of their touch with the
Divine,
And an understanding
Of their dependence upon God.
So that the re-adjustments of physical
conditions
Which are now due, may come as cleansing blessings
And not as hopeless disasters.
O Christ!
May those who are ready for realization be enlightened;
May those who are needed to help during the coming conditions,
Be placed in circumstances where they can help most effectively;
And may those who need to learn their necessary lessons
In the higher realms,
Those who are a drag upon civilization,
Or who retard the reign of peace and brotherhood,
Pass on with as little suffering as possible,
And be prepared to return as helpers
Instead of retarders of the public good.
In the name of the Living Christ we ask it. Amen.
PRAYER TO THE SOURCE

Lord Christ!
Thou art the source of my life,
My light, my wisdom and my joy.
Thou are the power which shall unfold
My consciousness to realize Thy
presence;
Which shall unfold all my centers,
That they may become avenues through
which
I can manifest Thy glory to the world.
Unto Thee I dedicate my atoms,
My service, my life, forevermore. Amen.

The Truth About Evolution and the Bible, 207

PRAYER FOR THE ATOMS

Take my Love, O Christ,
And all my atoms that are fit for Thy use,
To help build a suitable covering
For the manifestation of Thy Love,
Thy Beauty and Thy Glory to mankind.
**Prayer to the White Warriors.**

Whenever you find yourself cross and nervous, depressed and discouraged, call upon the White Warriors for help. Say:

Come, White Warriors of the Christ, and help me!

Take me up and help me to throw off the dark shadow of the astral that is pressing so heavily upon me, and bring me the Light!

**Prayer for Understanding**

O Christ, the Divine Power within me,
Help me to unfold and develop the great love-force
And the great understanding,
That back of the mind and back of all life,
There is a Divine Something which can accomplish
That which nothing mundane can touch.

*Letters from the Teacher, Vol. II, 127-8*
PRAYER TO PURIFY THE FLESH

O Lord Christ!
Thou who art the life and power of the Flame!
Thou who understandest and knowest the meaning
Of life in the flesh!
Enter into the portals of my body.
Purify it, that my flesh may become again
As the flesh of a little child,
Pure and perfect and free from all taint,
And consecrated to Thy service.

PRAYER FOR POWER TO CONQUER

O my loving Christ!
Give me the wisdom to see and the patience to bear
And the power to overcome
The dark side of all that I contact.
O my loving Christ!
Give me the daily bread of my daily tasks.
O my loving Christ!
Fill me with Thy love,
Fill and support me with Thy strength.
Give me Thy guidance to lead me to the Light
And give me the inner determination to conquer.

PRAYER FOR FREEDOM

I am a child of the Living God.
I have no link with any human being
Except those who serve the Lord Christ;
For these and these alone are my brothers and sisters.
No one has any power over me against my will,
And my Father-in-Heaven will protect me
From all that is harmful.
Whatever has come to me in the past
I am willing to work out,
For nothing is disastrous that comes with the sanction
Of this great love.
In the name of the Living Christ. Amen.

Letters from the Teacher, Vol. II, 225-6
PRAYER FOR THE AWAKENING

O Lord of that Light Divine which is Life!
That all-seeing Eye of Spirit!
Enter into me.
Illumine every secret corner of my being.
Fill this body of flesh with Thy Life Divine.
O Lord of Love Divine!
Awaken my heart within me that it may answer
To the dulcet harmony of Divine Love.
That I may be a vortex of Divine Love
In which He can descend to Earth
To comfort, help and inspire all mankind.
O Lord of Beauty Celestial!
Radiate through all my being so that even in my flesh
I may out-picture the Beauty of Holiness.
PRAYER — I WILL ARISE

Let each of us solemnly and determinedly say again and again until it resounds through every fiber of our earth dulled consciousness:

I will arise and go unto my Father,
Where I shall feast in joy and peace and health
At His table in His house,
Which is my true home.
There He will give me
Of His wondrous healing power,
And lead me into His Realm of Divine Be-ness
Whence flows the River of Eternal Life.

PRAYER FOR THINGS NEEDED

I will keep so calm and poised, so cheerful and confident,
And in such close touch with the stream Of the divine Christ-force within me,
That I shall draw all things to me
That are needed for my strength and development,
For strengthening my roots and perfecting my blossoming.
But to do so I must open my heart to the Sun of Righteousness
And allow the Christ-force to manifest through me
In thought, word and deed,
That I may express my inner, or Real Self,
And thus fulfil my destiny.
The Lord Christ has filled my life
With just the blessings that He knows are necessary
To make me His real disciple;
And, O Lord Christ, I accept with thankfullness
What Thou hast given.

_The Message of Aquaria, 177_

**Invocation to the Flame**

O hidden mystery of the Flame!
Thou art the very eye of the Eternal One.
Thou reignest in the heights of Heaven:
Thou dwellest deep in the heart of the
Earth.
Thy warmth and light and mystic powers
make of the orb of day
An open door into the eternal bosom of
the Father,
Who, through the purifying Flame of
Divine Love,
Hath brought forth all flames;
For all are parts of the Eternal Life, Love
and Perfection.
Thou, O Flame, art one with Divine
Love,
Which floweth like a River of Life
Into the depths of the heart of Nature
And bringeth forth after the fashion of
the Divine Imagining!
Thou pierceth deep into the mystic depths
of each human heart
And bringeth forth, as bubbles upon the
surface,
Every hidden thing.
O purifier of our inmost hearts!
O searcher of our thoughts!
We, Thy servants and disciples, bow before Thee, O Divine Power sent forth from the Ever-living One!

*The Message of Aquaria, 294*

**Prayer to the Chariot of Fire**

Swing low, sweet Chariot,
So low that I may step in,
That Thy mighty power may carry me home
To the heart of God,
Where I can see my place and my part
In the Divine Plan,
And gain the power of the Flame to accomplish it.

*The Truth About Evolution and the Bible, 199*

**Prayer — Teach Me**

O My Loving Christ!
Teach me to forget self and all its failings.
Teach me to see the beautiful things in others.
Teach me to overlook their faults
And not to hold to them.
Teach me how to love.
I love Thee, O Christ!

PRAYER — TO LEARN MY LESSON

Let me learn my lesson.
I know that my Heavenly Father will take care of me,
And will bring to me whatever is necessary,
Even tho I have to pass through more or less poverty
And conditions which seem to be harrowing and discouraging.
Yet, ultimately, I shall emerge Into the light of Divine Truth.

*Letters from the Teacher, Vol. II, 128*

PRAYER — FOR WHAT TO SAY

O My Loving Christ!
What shall I give to this person?
(Mentioning name)
How much shall I tell him?
O My Loving Christ!
Be with me this day.
Open my lips,
Inform my heart,
Teach and illumine my mind,
And soften and guide my tongue.

PRAYER FOR THE INDIAN

Justice for the Indian!
A clean escutcheon for our country!
The shortening of the Days of
Tribulation!

PRAYER FOR A SPIRITUAL WALL

O divine power that dwelleth in the
Flame!
That penetrateth to the heart of the
Universe
And shutteth from the eyes of the profane
the blessed power of the Godhead,
Draw close to me and surround me with
Thy impenetrable force,
That it shall grow and become a wall
of Divine Life, of Divine Power, of
Divine Understanding,
A wall of impenetrable World Stuff,
That out of which the cycle of creation was brought forth.

**PRAYER — HE WALKS WITH ME**

My Christ is here in me,
A living force within my heart.
He walks with me through the darkest night.
He manifests Himself unto me.
He pours out His boundless Love
That I may be bathed in the living Waters of Love Divine.

**PRAYER — I LAY ME DOWN**

I lay me down with His presence for a covering
And His power as my refreshment.
I shall quench my thirst and satisfy my hunger.

**PRAYER TO THE LORD OF LIGHT**

O Lord of Divine Light, which is Life,
The all-seeing Eye of Spirit, enter into me.
Illumine every secret corner of my being.
Fill this body of flesh with Thy life
divine.
O Lord of Divine Love,
Awaken my heart within me that it may
answer
To the dulcet harmony of Thy love
divine.
O Lord of Celestial Beauty,
Radiate through all my being, so that
even in my flesh
I shall out-picture the beauty of holiness.

PRAYER FOR CONSECRATING THE HANDS

My hands are mighty batteries of force.
I dedicate this force to the Almighty
Father.
With this power I can accomplish.
With it I will bring to me all the things
that I need
To make me a perfect worker in the
vineyard of the Lord;
All things that this Order needs to make
it a firm foundation
Planted on Earth to help humanity.
I consecrate my hands, O Christ, to Thee and Thy service. 
Fill them with Thy power, with Thy Life, with Thy force, 
That they may accomplish now 
That which is destined to be brought forth.

PRAYER FOR THE GOLDEN FRUITS

O divine and fructifying power of Life Eternal! 
Manifest in and through us. 
Enter into each heart and bring forth the sheaves of increase. 
Carry back to the heavens the golden fruits of Love Immortal 
That grow upon the Tree that is planted Beside the waters of tribulation.

PRAYER TO THE SOUL

There is no death in my Soul. 
There is no sickness in my Soul. 
Nothing but my own reaction can stop the power of my Soul. 
I will live in the divine power of my Soul.
In faith and joy I look up into the clouds of illumination,
Into the glory of my Soul.
My Soul shall be my Guide, my home,
    my beloved abiding place.
I will close the doors of my consciousness so that
Nothing of earth can intrude.
I will dwell with my Divine Person, with my Lord, my Christ,
In the home of my Soul.
My Soul dwells with God and I dwell in it.
Nothing of Earth, nothing, can take this realization from me.
My life is hid with Christ in God.

PRAYER OF THE SANCTUARY

O Lord Christ! We enter this, Thy sanctuary,
With humble hearts and minds open to Thy scrutiny.
We ask for Thy illumination, that it shall fill us with Thy wisdom.
O Jesus, Thou Blessed One,
Who art preparing to enter into this world’s turmoil,
Enter into this, Thy sanctuary.
Make our hearts so tender and loving and our minds so open
That they shall grasp and understand the great blessings for humanity
That Thou art putting into our hands.
With the blessings of the living forces Of the Divine Beings who surround Thee as with an aura,
That they may enter into us And give us the power to help humanity.
Amen.

PRAYER OF CONSECRATION

We, recognizing the omnipotent power of the great Creative Force, Do make most solemn covenant to present our whole selves, Our bodies, our minds, our Souls, A living sacrifice to Thee. We yield all personal desires unto the one Great Desire,

---

1 The Great Creative Force is the Christ Force. *The Key to the Universe*, 30–34, 138
To be used as instruments to create a Center
Through which the Lodge can work.
Recognizing the oneness of Thine All-pervading Force,
We give back to Thee, for Thy use, all that we possess,
And by the power of the Living Christ
Demand that all obstacles be removed,
And Thy work be speedily established in perfect justice.

The Voice of Isis, 408

TO BE EFFICIENT

To be efficient in life’s day at school, a philosophy should be sought which is so all-inclusive that it explains:
Where we came from,
Why we are here,
What the destiny is to which we are expected to reach,

What our individual place is in the whole mighty scheme of the universe,
And how we are to attain it.

The Message of Aquaria, 185
Tests of Teachings

How do the teachings manifest in the lives of their followers?
What is their effect on the moral and social structure of mankind?
What amount of evil, selfishness, sin, sorrow, suffering and inefficiency have they eradicated from their students and from the community?
These are the tests now to be applied.

The Message of Aquaria, 250

Gratitude

Always express a prayer of gratitude for all blessings and everything received; for in occult studies a lack of gratitude for each step along the Path is one of the greatest hindrances the student can develop.

The Masters teach that every help along the journey, every word spoken or law interpreted for the advancing Soul, is like a jewel of great price.

Hence, to accept it and refuse gratitude of love in return creates a Karma for the unfolding Soul similar to that created
by undeveloped persons through robbery.

The Masters have also conquered the desire for personal recognition, admiration or even gratitude.

PRAYER TO THE FORTH-COMING

Come forth, O Lord of Life and Love and Beauty!
Thou who art myself and yet art God!
And manifest through this body of mine,
That it may out-picture Thy radiant perfection,
All that Thou art within.
Even so manifest through me, O Lord.
Amen.

ADDITION TO GRACE AT MEALS, or after any gift.

We thank Thee our Father for this manifestation of Thy bounteous supply. May we use it to Thy glory in Thy service. Amen.
THANKSGIVING

The giving of thanks is a natural response of the heart in a spontaneous recognition of benefits received from life and Nature and their Giver. It is an instinctive expression of gratitude toward the person or source whence the benefits came. It is a natural trait of the Soul, hence should never be neglected or omitted, but should be cultivated by all. For sincere thanks giving opens the heart, the mind and the life generally to the inflow of God’s blessings.

PRAYERS OF THANKSGIVING

We thank Thee, our heavenly Father, for our life which comes from Thee. May it ever remind us of our dependence upon Thee as its source. May we ever make the highest and most constructive use of it, that we may do all things under Thy guidance and to Thy glory, and to the blessing of our fellow men. Amen.

We thank Thee, O Father, for the manifestation of Thy love and beauty which we see revealed in Nature all
about us; in the sunshine and the rain; in the flowers and the trees; in the birds and the bees. We thank Thee for the love of the dear ones of our family and relatives, and our close friends. May we all be blessed with a greater realization of Thy love for us all, and may we radiate it to all we contact. Amen.

We thank Thee for the miracle of rest and recuperation; for Thy protection during sleep; for food and clothing and shelter and for all supply, knowing that all are loaned us by Thee for our correct use. Amen.

We thank Thee for the experiences of life, even for those that test our faith and try our Souls, that we may learn the lessons and gain the unfoldment we came to earth to attain. We thank Thee even for the little annoyances, that we may learn patience and poise; for the opportunities to overcome temptations so that we may prove our sincerity and honesty; for the deep joy of triumph over sin. Amen.

We thank Thee for free-will that we
may choose our path in life; that we may choose to follow Thy guidance and live Thy way unselfishly and with harmony, and love toward all. Amen.

We thank Thee for the opportunity to serve both Thee and our fellow men through unselfish service and through kindness in thought, word and deed. We thank Thee most of all for the privilege of contacting Thee and for Thy answering guidance through the Still Small Voice. Amen.

A PRAYER FOR WORLD PEACE

O Thou glorious Source of all life, light and love, our Lord God almighty! from whose heart the Ray of Spirit in each mortal is sprung! let the realization of our oneness in Thee descend upon our hearts as heavenly dew, refreshing our souls!

May the love of God and the fellowship of all mankind—without regard to race, creed or condition—so fill our hearts and minds that each will gladly unite his forces for the attainment of peace,
fellowship and co-operation among men.

May all persons and classes and nations cease their conflicts, and unselfishly strive for peace and good-will, that world peace may speedily be attained.

Let the calm of Thy eternal peace, which passeth all intellectual understanding, envelop us with its divine serenity.

May it quiet the turmoil of our minds, and the conflict of our desires, dissolve our fears, and reveal to us the essential brotherhood of all mankind.

Thus shall the power of Thy loving Spirit bring victory over all opposition to the establishment of Thy peace on earth, and good-will among mankind. Amen.

Pause after each sentence and meditate upon it. Visualize its radiance going out to envelop all mankind. See the radiance which this Prayer invokes dispelling the dark clouds of inharmony and war as the Sun dispels fog, and stimulating the growth of the good in each heart as the Sun stimulates the growth of the sprout when the fog has been dispelled and the Sun can perform its constructive work.
INDEX

Arise, I Will, 27
Atoms, To the, 22
Awakening, For the, 26
Challenge, The Psychic, 20
Chariot of Fire, 30
Christ’s Coming, For, 16
Christ Is Here, 17
Christ Power, For the, 16
Coming Conditions, For, 20
Conquer, To, 24
Consecration, Prayer of, 37
Demonstration, 12
Devotion, 11
Divine Indweller, 6
Divine Mother, 7
Doors, The Three, 18
Efficient, To Be, 38
Evening, 4
Fear, To Conquer, 19
Fire, The Chariot of, 30
Flame, To the, 28
Flesh, To Purify the, 24
Freedom, For, 25
Fruits, For the Golden, 35
Grace before Meals, 19, 40
Gratitude, 39
Hands, Consecrating the, 34
Healing, 8
I Lay Me Down, 33
Indian, For the, 32
Lesson, To Learn My, 31
Light, For, 1
Lord of Light, 33
Lord’s Prayer, 1
Midnight, 5
Morning, 3
Needed, For Things, 27
Prayer to the Soul, 35
Prayer to the Forthcoming, 40
Protection, 10
Psychic Challenge, 20
Purify the Flesh, To, 24
Realization, For, 7
Sanctuary, For the, 36
Say, For What to, 31
Source, To the, 22
Sunrise, 3
Sunset, 3
Teach Me, To, 30
Tests of Teachings, 39
Thanksgiving, 41
Things Needed, For, 27
Understanding, For, 23
Walks With Me, He, 33
Wall, For a Spiritual, 32
Warriors, To the White, 23
What to Say, For, 31
World Harmony, 14
World Peace, 43